



The Courier



October 2016

Sacramento Chapter— Sons of the American Revolution

Volume 48, Issue 9

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Bonnie B. Potter, MD, FACP

Rear Admiral, Medical Corps
United States Navy, retired

Rear Admiral Potter was born and raised near Oakland, California, graduated from UC Davis with a BS in Animal Science, and received her MD degree from St. Louis University School of Medicine. She completed medical school on a Navy scholarship, and came on active duty as a Lieutenant in 1975. She spent the first 20 years as a clinician and teacher of internal medicine, advancing to the rank of Captain. She then transitioned into Executive Medicine, and in 1997, she was promoted to Rear Admiral (lower half), becoming the first female physician in the military to be selected for "Flag" rank (Admiral or General). She served as Commander, National Naval Medical Center, Bethesda, MD, Lead Agent for Tricare Region 1, and Chief of the Navy Medical Corps. In 1999, she received her second star, and subsequent duties included Fleet Surgeon, US Atlantic Fleet, Command Surgeon, Fleet Forces Command, Command Surgeon, US Joint Forces Command and Medical Advisor to Supreme Allied Commander, Atlantic. She retired from active duty in 2003.



Editor's Note: The statements and opinions expressed herein are solely those of the author(s) and do not necessarily state or reflect those of the Editor, the Sacramento Chapter, the California or National Societies, Sons of the American Revolution.

Cattlemens Meal Selections

Ribeye Steak	\$30.
Sirloin Steak	\$25.
Grilled Salmon	\$25.
Lemon Chicken	\$25.
Pesto Spinach/Cheese Ravioli	\$25.
(vegetarian)	

Friday, Oct. 21, 2016 7:00 PM
Cattlemens Restaurant
12409 Folsom Blvd., Rancho Cordova

If the telephone committee has not taken your reservation and menu selection(s) by **Wednesday evening, October 19**, please call Alan Brooking at (916) 315-3799 directly and leave a message by noon on Thursday. We strongly encourage reservations be made in advance. All reservations are guaranteed. Don't be a "no show."

We are a 501(c)(3) non-profit charitable organization, EIN # 68-0004288

Current Officers

Craig Anderson
President

Don Littlefield
Executive Vice-President
Treasurer and Webmaster

Carl Ahlberg
Vice President & Secretary

Alan Brooking
Vice President & Registrar

Jim Faulkinbury
Genealogist

Jeff Goodwin
Chaplain

Don Spradling
Photographer
Guardian of the Flags

Neil Elvick
Newsletter editor

Committee Chairmen

Roy Adkins
ROTC/JROTC Program

Neil Zinn
Eagle Scout Program

Tom Chilton
Americanism Poster Contest

Carl Ahlberg
Program Committee

Ernie Garcia
Law Enforcement Program

Alan Brooking
Calling Committee
Cashier

President's Corner

During our October dinner meeting we will be recognizing our nation's military veterans and honoring those who served our nation during WW2. We are also delighted to have as our guest speaker RADM Bonnie Potter MD FACP (USN Ret) the first woman physician to achieve flag rank. This promises to be a great program; I hope that you will join us.

Also as part of our October program, we will be recognizing a former Sacramento Chapter Enhanced JROTC Program winner, Jorden Villar-Cayabyab, for heroism in his community. Jorden was recently awarded the Air Force ROTC Silver Valor Award for his actions on February 18, 2016 at a Suisun City Restaurant, and the Sacramento Chapter will award Jorden with the SAR Heroism Medal.

2017 dues notices have been recently mailed out to all members, and I encourage everyone to give these your earliest attention. For our life members, these notices are a mechanism we use to verify the personal data we have on file for you; so we appreciate you returning these notices to us showing any changes in your contact information or verifying that the information that we have is correct. For those interested, life memberships are available; the costs for these are based on the age of the member. Anyone interested in obtaining additional information on these memberships may contact our Chapter Secretary, Carl Ahlberg, or me.

Congratulations to compatriot Ford Osborn; October 24th marks his 30th year as an SAR member. He is a past president of the Silicon Valley Chapter. Thank you for your support of the National Society Sons of the American Revolution.

As a reminder, we are still soliciting patriot ancestor biographies; we enter these in the National Society database, and we also publish them in our monthly newsletter. So, if you haven't shared your ancestor's biography with us. I encourage you to do so. If anyone needs help in putting together a patriot bio, we would be glad to help; contact Neil Elvick or myself.

I look forward to seeing everyone on October 21st.

Craig Anderson,
Chapter President



Craig Anderson

Minutes of September 16, 2016 Meeting

Sons of the American Revolution – Sacramento Chapter

Meeting Minutes September 16, 2016

President Craig Anderson called the meeting to order and gave the invocation, Ron Proffer led the Pledge of Allegiance and Roy Adkins led the membership in the Pledge to the SAR.

President Anderson introduced the following:

CASSAR Officers and Past Presidents:

Tom Chilton, Past President 2000, 2001, 2002, 2004, and 2012, and Chairman of our Chapter's Americanism Poster Contest

Don Littlefield, Past President 2010 and 2011, current Executive Vice President, Treasurer, Webmaster, and CASSAR Chairman of the Wreaths Across America Program

Ernie Garcia, Activities Chairman and Law Enforcement Liaison;

Carl Ahlberg, Chapter Secretary and Chairman of our Brochure Contest

Alan Brooking, Chapter Registrar, Calling Committee Chair

Roy Adkins, Chairman of our JROTC Program

Neil Elvick, editor of the Chapter's newsletter, The Courier

Don Spradling, SAR Photographer.

Calling Committee Members: Ernie Garcia, Don Clark, Roy Adkins, Mike Brady.

DAR members:

Sacramento Chapter: Marilyn Chilton; Medora Allen

Gold Trail Chapter: Susan Brooking

John A Sutter Chapter: Susan Broderick, Treasurer of the California State Society DAR.

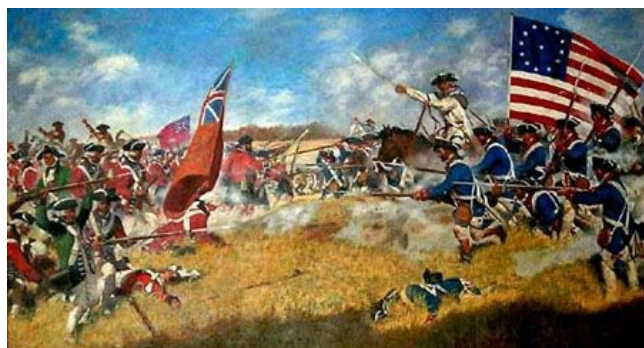
CASSAR LAUX members: Marilyn Chilton and Donna Spradling.

Guests: Rex Ruth, our guest speaker. New members: "Tom" Heavey, Mark Johnson and his wife Irma, and Joseph Lucas and his father, Henry, a member of the Riverside Chapter SAR. Prospective members: Joseph Arledge, Phillip Noble, Kevin Peters, Larry Stovall, Kevin Ward, and Bob Waugh. Other guests include Mary Brown, David Beach's sister, and Neil Elvick's guests, Caden and Corin Elvick and Tim Elvick and son, Wade, and friend, Jamie Norton. Also, Cindy Sellers guest of Ernie Garcia

President Anderson asked Mike Hull to come forward and present the flags. The first flag presented was the Cowpens or the 3rd Maryland regimental flag used at the battle of Cowpens. General Cornwallis was ordered to the southern colonies to defeat the patriots in the south. After several successes the army of over 1150 men moved into the countryside under command of Col. Tarleton and pursued Gen Morgan of the Continental Army. Morgan used a strategy, still taught today, of using the militia to fire two shots and then retreat to the rear as if
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Carl Ahlberg, Secretary



3rd Maryland Regiment at the Battle of Cowpens

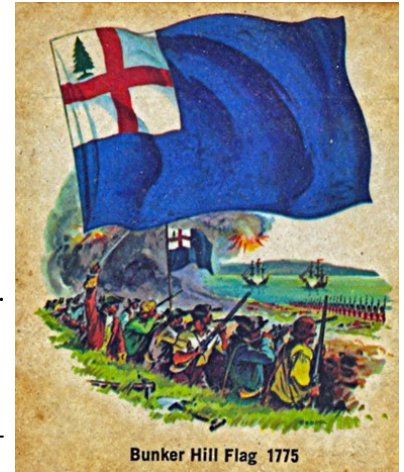
Minutes from June Meeting Continued

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fleeing the battlefield. Expecting another easy victory the British fell into Morgan's trap where the Continental Army and Morgan's riflemen were waiting. The British were decimated losing 85% of the cavalry. 110 British soldiers were killed and 712 taken prisoner.

The second flag was The Bunker Hill Flag. Following the Battle of Lexington, colonists from New England chased the British back to and trapped them in Boston. The British tried to break this siege and 1200 colonial troops under command of William Prescott fortified Breeds Hill and Bunker Hill. On June 17, 1775 the British made 3 assaults on Breeds Hill sustaining major losses before forcing the colonists to retreat because they ran out of ammunition. This action is known as Bunker Hill even though most of the fighting took place on Breeds Hill.

President Anderson asked Alan Brooking to come forward to induct new members. Alan called up Tom Heavey, Mark Johnson and Joseph Lucas. He then introduced our 3 new members and read their biographies. President Anderson administered the SAR oath and presented them with membership certificates. Alan Brookings pinned the SAR Rosette on all 3 and invited each to say a few words. All members were invited to come forward to offer the customary welcoming handshake to our new members.



Bunker Hill Flag 1775

At the Battle of Bunker Hill

President Anderson asked Carl Ahlberg to share about next month's meeting. He explained that next month we are going to honor our veterans who have served in WWII. We are trying to invite 10 veterans and their guests to attend our meeting and encouraged members to contact him if they know of a veteran who served in WWII. He shared the speaker for next month will be Bonnie Potter who was the first female admiral in the US Navy.

President Anderson made the following announcements:

- ◆ Dues notices for 2017 will be mailed out in early October. Dues will remain the same as last year: \$35 National, \$20 State, and \$10 Chapter. Annual dues total is \$65. The chapter newsletter, "The Courier" is available on line at no cost, but if you wish to receive it by mail, it is an additional \$10. The California Society "Compatriot" is also available on line at no cost. If you wish to receive it by mail, it is an additional \$10.
- ◆ Our Chapter supports many of the educational outreach programs of the National Society, and it is seen as a leader in several areas. Our success is totally due to the participation and commitment of our members. Many of these positions require a minimum of a member's time, but they provide a huge positive impact to the young people of our community. President Anderson thanked those members who have volunteered for leadership positions to help the chapter next year: Alan Brooking, Tom Chilton, Jim Faulkinbury, Don Littlefield, Carl Ahlberg, Ernie Garcia, Mike Brady, Roy Adkins, Neil Elvick, Russ Kaiser. This is a GREAT start, BUT we still are looking for help in several positions for 2017: Registrar - Knight Essay Contest Chairman - Activities/ Law Enforcement Liaison Chairman - Flag Committee Chairman - Eagle Scout Program Chairman – Chaplain - Color Guard – School Guard Members. Anyone who can help in any of these areas or other chapter positions or has questions, please contact him.
- ◆ Compatriot Doug Cross has recently been in the hospital, but is home now. Please keep him in your thoughts and prayers

Dinner was served

After dinner President Anderson introduced guest speaker, Rex Ruth, a native Californian of American/ Mexican descent raised primarily in California's San Joaquin Valley where he and his family were migrant field workers for many years. He holds a degree in theatrical arts, mass communication and education with an emphasis on history. He authored the book "Blood, Fire and Faith; How Liberty Became a Country" and is a lecturer and teacher who now lives in Northern California with his wife Janna.

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President's Message Continued

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Mr. Ruth's presentation was in the first person as Mr. Samuel Adams - one of America's most noted Founding Fathers. He gave a stirring portrayal of Samuel Adams, right down to the tricorn hat, and how Mr. Adams interacted in the discussions that led to the colonies breaking away from the British Empire. Listeners were able to hear how Mr. Adams felt about events such as the Stamp, Act, Boston Tea Party, Continental Convention of 1787, private property rights, taking away guns from colonist and the right to bear arms, Lexington and Concord, the forming of the Constitution and the Bill of Rights. His presentation was enjoyed by all.

President Anderson thanked the guest speaker for his presentation and presented him with a certificate of appreciation and Challenge Coin Honorarium.

President Anderson, Susan Brooking and Ernie Garcia all helped with the raffle and those bringing gifts were thanked: Alan and Susan Brooking, Clair and Medora Allen, Don and Donna Spradling, Craig and Sandy Anderson, Ernie and Helen Garcia and Tom and Marilyn Chilton.

A motion to adjourn was made and seconded. Don Spradling led the Recessional, President Anderson gave the Benediction and the members sang "God Bless America." The meeting was adjourned.

Respectfully Submitted

Carl E. Ahlberg,
Chapter Secretary

There will be Honor Guard appearance at the October Meeting. Also remember Veterans Day Parade on November 11, and Wreaths Across America on December 17, 2016

**SAR Sacramento Chapter photos from our dinner meetings can be accessed and downloaded at
<https://sar.smugmug.com/>
& enter **Patriot****

**Information for assembling a uniform or militia outfit is now online at:
<http://www.sar-sacramento.org/uniforms.shtml>.**

**Photos of a variety of period uniforms and clothing are available at:
<https://sar.smugmug.com/Color-Guard-Uniforms/>
and enter password: **Patriot****

Photos from September Meeting Program & Photos by Don Spradling



Rex Ruth



Above: Rex Ruth and President Craig Anderson

Rex Ruth appeared in period costume as Patriot, Samuel Adams, as he was addressing colleagues who had produced the Constitution at the second Constitutional Congress

New Members



New members being sworn in by President Craig Anderson



New members, Mark Johnson, Joseph Lucas, and William Heavey with their membership certificates.



Joseph Lucien Lucas

Joseph was born in Loma Linda, CA and spent his childhood in Riverside, CA. He graduated from California State University Chico. He is married to Heather Lucas.

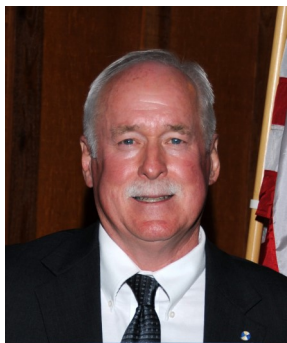
Joseph works for the Sacramento Superior Court, where he is a Court Clerk. His hobbies include Acrylic painting, reading and spending time with his family.

Joseph's application to join the Sons of the American Revolution was approved on May 26th, 2016. His patriot ancestor, Randall Wells Sr. was a Captain, 1st Reg't, Kings County Militia, in Rhode Island.

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Photos from September Meeting Continued

Photos by Don Spradling



Mark Robert Johnson

Mark was born in 1954 at Mountain Home Air Force Base, Idaho. He spent his childhood in Idaho, Utah, North Dakota and Virginia.

On December 30, 2015, he retired after 42 years in city, county and state government service. During his first career, he served as a fire captain in the Virginia Beach Fire Department. In his second career, he served as an emergency manager in City of Dana Point, CA, the County of Orange and the Governor's Office of Emergency Services in Sacramento. Mark has a Bachelor's Degree in Fire Administration.

In 2009, Mark and his wife, Irma, were married in San Clemente, where they lived before moving to Sacramento. Mark and Irma currently reside in Cameron Park.

Mark's hobbies include restoring his fourth classic Corvette and researching his family history. He had identified as many as 24 grandfathers who served during the Revolutionary War.

Mark's application to join the Sons of the American Revolution was approved on July 15, 2016. His Patriot Ancestor was Daniel Yeomans who served as a Private in Col. Elmore's Forces in CT.



William Thomas Heavey

William Thomas Heavey (Tom) was born in Upper Darby, Pennsylvania and spent his childhood in Springfield, Pennsylvania. He attended & graduated from Ottervein College in 1973 & also attended the University of Oklahoma and McGeorge Law School. He is married to Linda Carol Lane.

Military Service: Tom spent 4 years active duty in the U.S.A.F. and 17 years USAFR, last assigned 349 MAW/PA, Travis AFB. He retired as Lt. Colonel in 1997.

Tom is semi retired and works for Axxcess Claims Service as a 1099 investigator, where he "works against his will!!" His hobbies include golf, sailing, bridge, and plays guitar & sings.

His application to join the Sons of the American Revolution was approved on July 15, 2016. His Patriot Ancestor was John Miller, who served as a Private in Col. Bayard's Pennsylvania Regiment and was at the Battles of Trenton and Brandywine, and was also at Valley Forge.

Other photos from September Meeting



Corin & Caden Elvick



Susan & Tal Norwood



Bob Waugh
prospective member

Patriot Biographies & Photos from September Meeting

Photos by Don Spradling

**Patriot Bio Edward Hoar/Hoard (no patriot number assigned)
Submitted by Jim Faulkinbury, 156802 of the Sacramento Chapter, CASSAR**

Edward Hoar/Hoard the child of Hezekiah Hoar and Sarah Brightman. He was born circa 1710 in Massachusetts. He moved from Massachusetts to Tiverton and Scituate Rhode Island and finally to Albany Co., New York where he probably died about 1790. He provided public service as a taxpayer on the tax list for the south east quarter of the manor of Rensselaer in Albany County, New York dated 2 May 1779. On 9 October 1742 he married Martha Cole of Swansea, Massachusetts in Dighton, Massachusetts. They had the following children, five of whom served in military service during the Revolution:

Amy Hoar b. 5 Oct 1743 in Massachusetts Dighton
Pamela Hoar b. 30 Nov 1744 in Dighton, Massachusetts
Edward Hoar b. 28 Dec 1745 in Dighton, Massachusetts
George Hoar b. 28 Sep 1747 in Dighton, Massachusetts
Peleg Hoar b. 15 Feb 1748/49 in Dighton, Massachusetts
Simeon Hoar b. 29 Aug 1752 in Tiverton, Rhode Island
Isaac Hoar b. 14 May 1754 in Tiverton, Rhode Island
David Hoar b. c1757 in Rhode Island
Samuel Hoar b. 25 Feb 1758 in Scituate Rhode Island

Instructions for Patriot Biographies

Patriot biographies are still being solicited by the national organization. SAR is still accepting new ones, so there is still an opportunity for you to submit a biography. To submit your patriot ancestor biography to the national organization submit about 500 words as a Microsoft email attachment to patriotbios@sar.org. Include your name, Chapter and SAR Member number. If you would like to have assistance putting yours into narrative form contact Neil Elvick (neilel@aol.com) or Craig Anderson (craiga@winfirst.com) These biographies are published by the national organization for the purpose of helping aspiring members in their quest to find their own patriot ancestor.

Stories from the Revolution

If you have interesting stories, vignettes or anecdotes about their ancestors from the Revolutionary War era. I think it would be interesting for all of us if some of these could be recorded and presented here in the newsletter. If you have something you think might be of interest contact me at neilel@aol.com or Craig Anderson at craiga@winfirst.com. Also if you would like assistance in putting stories in narrative form, we would be happy to help.



**Alan Brooking, Don Littlefield, Carl Ahlberg,
Don Clark**



Jim Warrick



Susan & Joe Moorehead

More Photos from September Meeting & 2016 Cal



Neil Elvick & nephews, Caden Elvick & Rex Ruth



Patty & Ron Proffer



Mark & Irma Johnson



Henry Lucas & his son Joseph Lucas,
William Heavey & Neil Elvick

2016 SAR Calendar of Events

Sacramento Chapter Calendar October—December

October 2016

SAR-Dinner Meeting Oct 21st

SAR Dues Notices Mailed Oct 1st

November 2016

SAR-Sacramento Dinner Meeting Nov 18th Speaker: TBA

Nominations for 2017 Chapter officers closed Nov 30th

Eagle Scout Scholarship Applications Due Nov 1st

Color Guard - Sacramento Veterans Day Parade Nov 11th

CASSAR Board of Managers Meeting – Date / Place TBA

December 2016

Chapter leadership meeting to review and finalize budget for 2017. Dec 10th Location TBA.

Knight Essay Contest Entries Due Dec 31st

Coming Events

October 21, 2016 — Regular Meeting
7:00 PM at the Cattlemens Restaurant
Speaker: Rear Admiral Bonnie Potter (USN Ret)

November 11, 2016
11:00 AM, Capitol Mall, Downtown Sacramento
Veterans Day Parade

November 18, 2016 — Regular Meeting
7:00 PM at the Cattlemens Restaurant
Speaker: Jeremy Roderick, a teacher from
Our Lady of the Assumption School.

**A PUBLICATION BY THE
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SONS OF THE AMERICAN
REVOLUTION**

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On the Internet at
[HTTP://WWW.SARSAC.COM](http://www.sarsac.com)

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